

INCOMING 1ST YEAR MEASUREMENT FORM



Name: _____

A# (if available): _____

Cell Phone: _____

Email Address: _____

Height (in feet and inches): _____

Weight (in pounds): _____

Shoe Size: (specify men's or women's)

For Males only: 3 Points Sleeve Measurement

Waist circumference (at belly button)
(round up to nearest 1")

For males only - Neck circumference
(round up to nearest 1/2")

Chest circumference
(round up to nearest 1")

For females only -- round up to nearest 1")
Hips circumference including bottom

Head circumference (above eyebrows)
(round up to nearest 1/4")

Palm circumference
(round up to nearest 1")

Length of arm from shoulder to wrist
(round up to nearest 1/2")

Out seam (from height of belly button to floor)
Round up to the nearest 1/2"

*See next page
for pictorial tips
to help you
measure correctly.*



Out seam measurement is from height of belly button to floor.

Send form to: uniformstore@norwich.edu

Questions call: (802) 485-2017



Waist measurement should be taken at the natural waist – usually at the belly button.

3 point sleeve measurement is most easily measured across the back.



CHEST SIZE

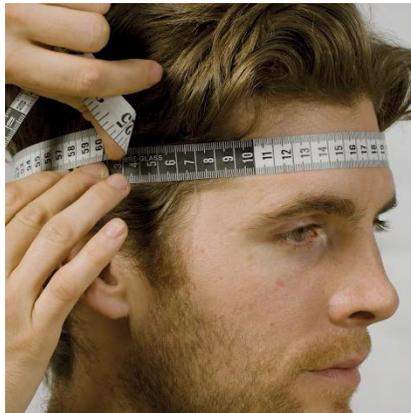
Measure Around the broadest part of chest keeping the tape firmly under your armpits.



NECK

- Wrap tape around base of your neck.
- Leave a bit of space for comfort.
- Tape should be flat, not tight.
- Write it down.

Measure the head above the eye brown, compressing as much hair as possible.



Hip Measurement should include the bottom.



Sleeve length from shoulder crest to wrist bone, should follow the bend of the arm at the elbow.



Wrap the measuring tape all around your hand at the widest part to get an accurate **palm measurement**.